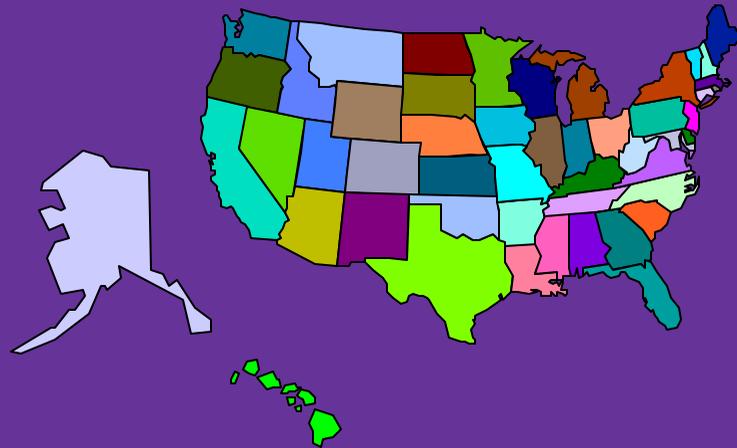




SAMHSA Evidence Based Programs and Child Welfare



NCSACW

Researchers Forum

December 10, 2003

Gale Held

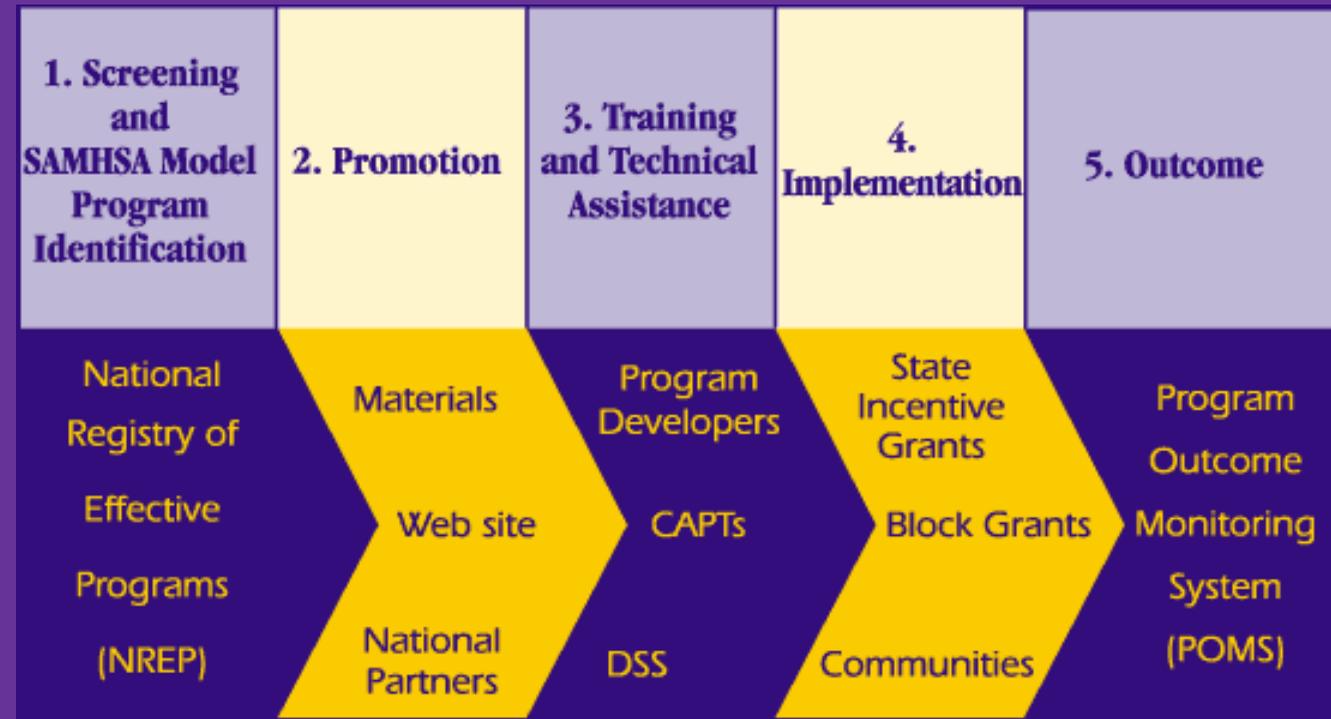


Pathways to Prevention

- ★ Formerly Achieving Outcomes
- ★ Framework
 - Needs Assessment
 - Capacity Building
 - Program Selection
 - Implementation
 - Evaluation



What is the National Dissemination System?





National Registry of Effective Programs (NREP)

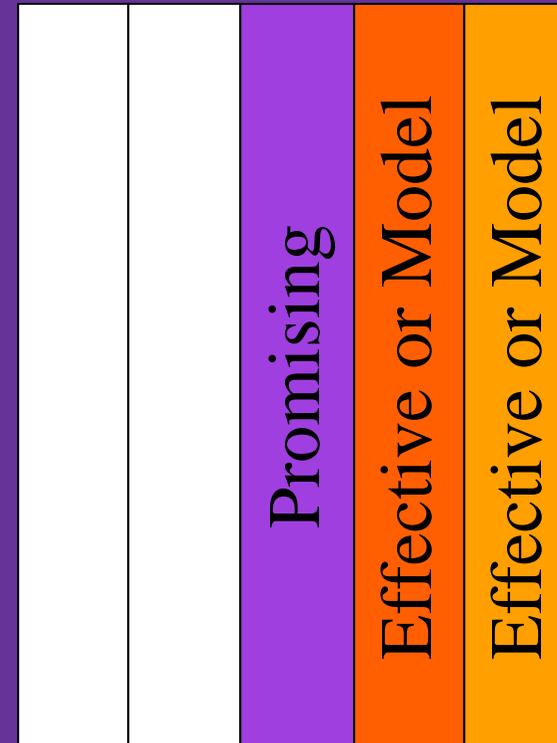


SAMHSA Model Programs Selection Process

- 1) Theory
- 2) Intervention Fidelity
- 3) Process Evaluation
- 4) Design
- 5) Method of assignment
- 6) Sample size
- 7) Attrition
- 8) Analyses of attrition
- 9) Methods to correct biases
- 10) Outcome Measures – substantive relevance
- 11) Outcome Measures –psychometric properties
- 12) Missing Data
- 13) Treatment of missing data
- 14) Outcome data collection
- 15) Analysis
- 16) Other threats to validity
- 17) Integrity
- 18) Utility

Score:

1 2 3 4 5





NREP Rating Criteria: Appropriateness Criteria

- A1. Replications** – number of replications of program or cultural, gender, age or local adaptations with similar positive results

- A2. Dissemination capability** – available materials, including training in program implementation, technical assistance, standardized curriculum and evaluation materials, manuals, fidelity instrumentation, videos, recruitment forms, etc.

- A3. Cultural-, gender-, or age-appropriateness**



Program Designations

- ★ **Scoring:**

 - Effective programs = 5.0 – 4.0**

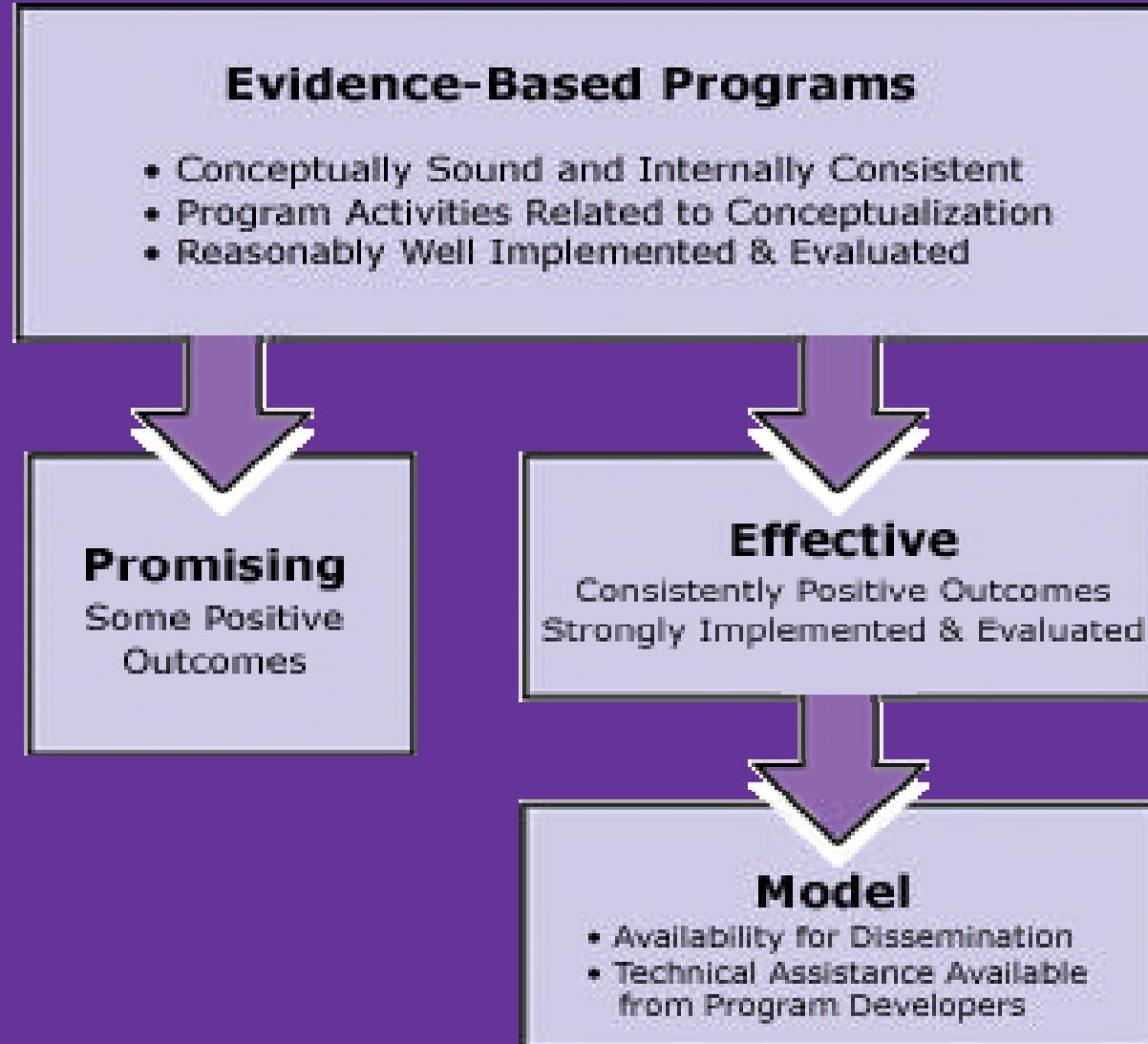
 - Promising programs = 3.99 – 3.33**

 - Insufficient Current Support = 3.32 – 1.0**

- ★ **Model Programs have received Effective scores and willing and able to go to scale.**
- ★ **Promising, Effective and Model programs listed: (modelprograms.samhsa.gov).**
- ★ **Model programs receive SAMHSA promotion**

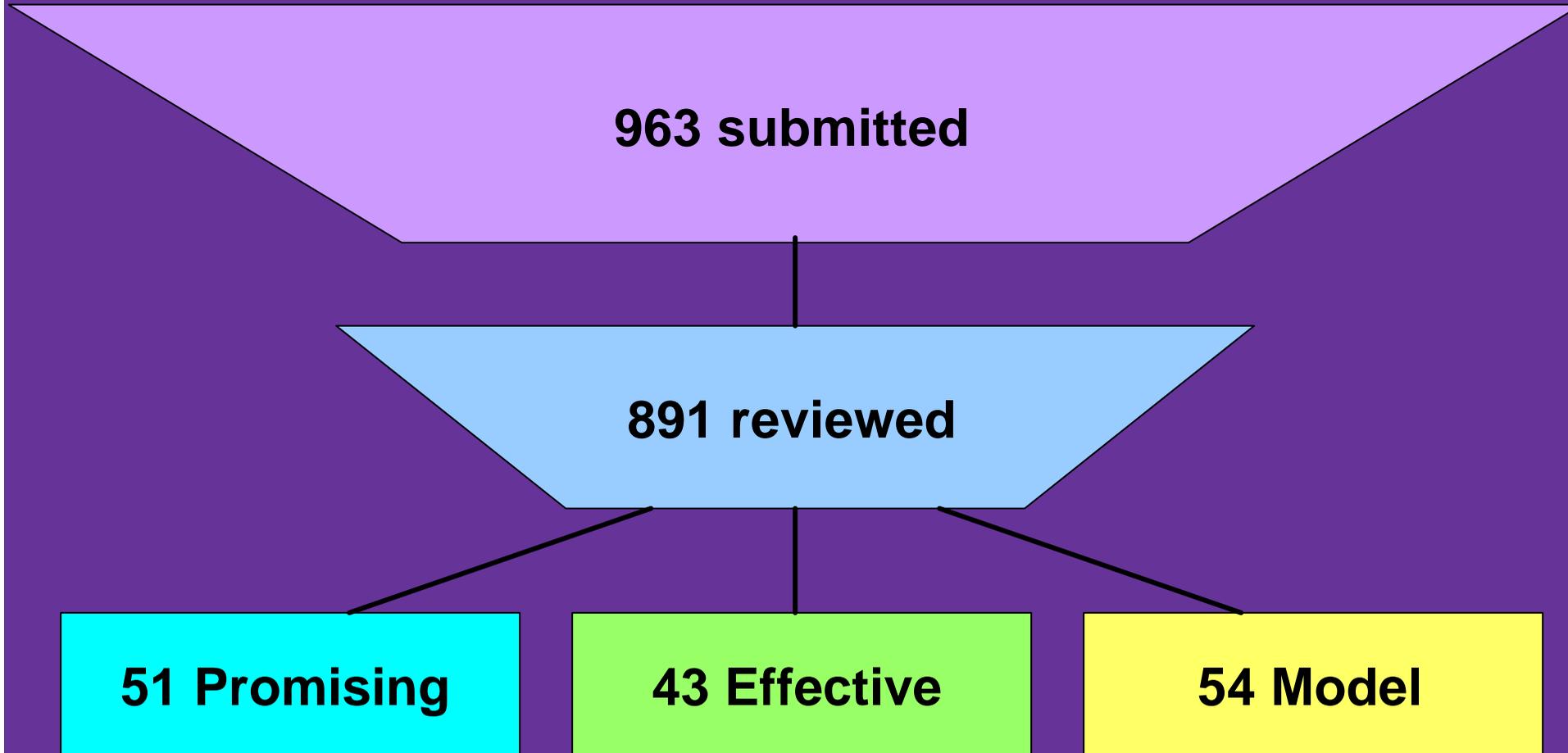


What is a Model Program?





How Many Programs Have Been Reviewed?



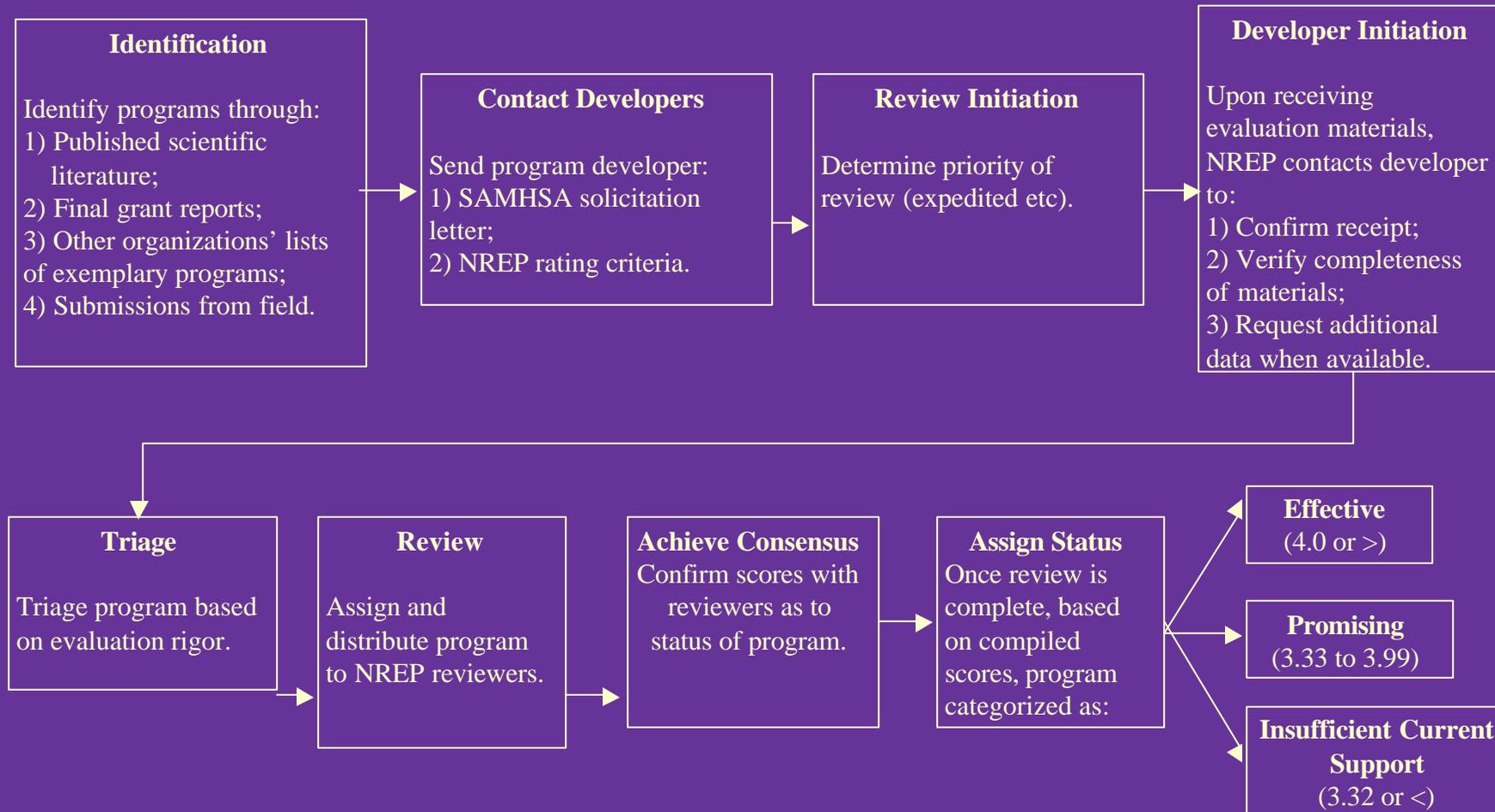


NREP Review Process

- ★ Identify programs: Solicit and identify published and unpublished evaluations of program outcomes
- ★ Triage programs
- ★ Assign to independent review teams based on expertise
- ★ Achieve consensus – post-review debriefings
- ★ Assign status – Effective, Promising, Insufficient Current Support
- ★ Notify developer and give feedback



The NREP Review Process





NREP Topics

- Substance abuse
- Post traumatic stress
- Workplace
- Violence
- Juvenile justice
- HIV/AIDS
- Gambling
- Co-occurring disorders
- Child welfare and substance abuse
- Tobacco use
- Physical exercise
- Cancer screening
- Nutrition
- Sun safety
- Mental health
- Adolescent substance abuse treatment



Reviewer Pool

- ★ 78 active reviewers with terminal degrees in their fields (Ph.D., Dr.P.H., Ed.D., R.N., M.D., J.D.)
- ★ Multidisciplinary (psychology, anthropology, public affairs, social work, education, medicine, psychiatry, public health, epidemiology, biostatistics)
- ★ 44% are women
- ★ 32% are Black, Asian, Latino, Native American, and other minority



What Kinds of Models are Being Disseminated?

A selection of rigorously evaluated programs with strong outcomes for:

- ★ Prevention of alcohol and drug abuse, steroid abuse, school drop out, violence, and other high risk behaviors
- ★ Beginning to look at related conditions, e.g., PTSD, physical activity, gambling, co-occurring disorders



What Kinds of Models are Being Disseminated? (contd.)

- ★ Diverse ethnic populations
- ★ Community, family, school, workplace, child welfare, juvenile justice and faith settings
- ★ Initially, youth aged 2 to 18 (being expanded to other life stages)



Child Welfare and Juvenile Justice Settings

- ★ Foster family care
- ★ Group homes
- ★ Adoptive families
- ★ Homeless shelters
- ★ Public housing
- ★ Residential and alternative schools
- ★ Mental health and family clinics



SAMHSA Model Programs



How are Model Programs Disseminated?

★ Promotion

★ Capacity Building



Awareness and Promotion

- ★ Excellence Awards
- ★ Web site
- ★ Toll-free line
- ★ Printed materials
- ★ Direct promotion activities
- ★ National Partnerships



Model Program Information

- ★ Target Population
- ★ Proven Results, Outcomes
- ★ Benefits
- ★ How It Works
- ★ Targeted Protective & Risk Factors
- ★ Costs
- ★ Implementation Essentials: Training & Materials
- ★ Program Background
- ★ Evaluation Design
- ★ Program Developer
- ★ Contact Information



National Partners

- ★ Child Welfare League of America
- ★ National Association of State Alcohol and Drug Abuse Directors/National Prevention Network
- ★ National Council of Juvenile and Family Court Judges
- ★ National Center on Substance Abuse and Child Welfare
- ★ Others in substance abuse prevention and mental health fields, e.g., Community Anti-Drug Coalitions of America, National Mental Health Association, Phoenix House



Some Model Programs to Consider

- ★ Creating Lasting Family Connections
- ★ Parenting Wisely
- ★ Families and Schools Together (FAST)
- ★ Positive Action
- ★ Second Step
- ★ Strengthening Families



Settings Where Model Programs Have Been Used

- ★ Adolescent treatment centers
- ★ Homeless and public housing programs
- ★ Juvenile court programs
- ★ Mental health and family clinics



Risk Factors Model Programs Address

★ Individual

- Anxiety and depression
- Lack of Self-control
- Aggressive or disruptive behavior

★ Family

- Ineffective discipline
- Family conflict
- Child abuse and neglect
- Parental and other family substance abuse



Risk Factors Models Programs Address, contd.

★ Peer

- Association with aggressive youth
- Pro-drug influences

★ School

- Lack of parental support and involvement in school work
- Tardiness, absence, truancy
- Academic failure



Other National Dissemination System Activities

- ★ Core Components Analysis
- ★ Prevention Performance Outcome Monitoring System (PPOMS)



Where do we go from here?

- ★ Continue to identify new models
 - ★ Increase the number of national partners
 - ★ Implement model programs in more communities
 - ★ Measure success of implementation effort
 - ★ Measure success of outcomes
 - ★ Develop guidance on core components and fidelity and adaptation
- RESULT:** Strengthening of the national infrastructure for substance abuse prevention



SAMHSA Model Programs

- ★ SAMHSA Model Programs Web address:
<http://modelprograms.samhsa.gov>
- ★ SAMHSA Model Programs Toll-free line:
1-877-773-8546



National Registry of Effective Programs

- ★ Send program submissions to:
 - **Steven Schinke**
National Registry of Effective Programs
Intersystems, 30 Wall Street, 4th Floor
New York, NY 10005
Toll-free Phone: 866-43NREPP
Toll-free Fax: 877-413-1150
Email: NREPP@intercom.com



Other Resources

- ★ **CSAP's Centers for the Application of Prevention Technologies (CAPT):** www.captus.org
- ★ **National Clearinghouse for Alcohol and Drug Information (NCADI):** www.health.org or 1-800-729-6686



SAMHSA Model Programs Contacts

★ **Gale Held - 301-294-5741,**
gale.held@ngc.com

Suite 400, 1700 Research Blvd.

Rockville, MD 20850



Questions for you!!!

- ★ What are your suggestions for how best to showcase relevant Model Programs to the child welfare community?
- ★ Do you have programs to submit?
- ★ Can you give us key contacts and programs that might be interested in working with us?
- ★ What are financing sources for implementing model programs in child welfare?